

DRESS MAKING

NSQF LEVEL-6



SECTOR- APPAREL

COMPETENCY BASED CURRICULUM

CRAFT INSTRUCTOR TRAINING SCHEME (CITS)



GOVERNMENT OF INDIA

Ministry of Skill Development & Entrepreneurship Directorate General of Training

CENTRAL STAFF TRAINING AND RESEARCH INSTITUTE

EN-81, Sector-V, Salt Lake City, Kolkata – 700091



DRESS MAKING (CITS)

(Non-Engineering Trade)

SECTOR – APPAREL

(Revised in 2019)

Version 1.1

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Developed By
Government of India
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1. COURSEOVERVIEW

The Craft Instructor Training Scheme is operational since inception of the Craftsmen Training Scheme. The first Craft Instructors' Training Institute was established in 1948. Subsequently, 6 more institutes namely, Central Training Institute for Instructors (now called as National Skill Training Institute (NSTI)), NSTI at Ludhiana, Kanpur, Howrah, Mumbai, Chennai and Hyderabad were established in 1960's by DGT. Since then the CITS course is successfully running in all the NSTIs across India as well as in DGT affiliated institutes viz. Institutes for Training of Trainers (IToT). This is a competency based course of one year duration. "Dress Making" CITS trade is applicable for Instructors of "Dress MakingTrade.

The main objective of Craft Instructor training programme is to enable Instructors explore different aspects of the techniques in pedagogy and transferring of hands-on skills so as to develop a pool of skilled manpower for industries, also leading to their career growth & benefiting society at large. Thus promoting a holistic learning experience where trainee acquires specialized knowledge, skills & develops attitude towards learning & contributing in vocational training ecosystem.

This course also enables the instructors to develop instructional skills for mentoring the trainees, engaging all trainees in learning process and managing effective utilization of resources. It emphasizes on the importance of collaborative learning & innovative ways of doing things. All trainees will be able to understand and interpret the course content in right perspective, so that they are engaged in & empowered by their learning experiences and above all, ensure quality delivery.

2. TRAINING SYSTEM

2.1 GENERAL

CITS courses are delivered in National Skill Training Institutes (NSTIs) & DGT affiliated institutes viz., Institutes for Training of Trainers (IToT). For detailed guidelines regarding admission on CITS, instructions issued by DGT from time to time are to be observed. Further admission details are made available on NIMI complete http://www.nimionlineadmission.in. The course is of one-year duration. It consists of Trade Technology (Professional skills and Professional knowledge), Training Methodology and Engineering Technology/ Soft skills. After successful completion of the training programme, the trainees appear in All India Trade Test for Craft Instructor. The successful trainee is awarded NCIC certificate by DGT.

2.2 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of one year:

S No.	Course Element	Notional Training Hours			
1.	Trade Technology				
	Professional Skill (Trade Practical)	640			
	Professional Knowledge (Trade Theory)	240			
2.	Soft Skills				
	Practical	100			
	Theory	100			
3.	Training Methodology				
	TM Practical	320			
	TM Theory	200			
	Total	1600			

2.3PROGRESSION PATHWAYS

- Can join as anInstructor in vocational training Institute/ technical Institute.
- Can join as a supervisor in Industries.

2.4 ASSESSMENT & CERTIFICATION

The CITS trainee will be assessed for his/her Instructional skills, knowledge and attitude towards learning throughout the course span and also at the end of the training program.

- a) The Continuous Assessment (Internal) during the period of training will be done by **Formative Assessment Method** to test competency of instructor with respect to assessment criteria set against each learning outcomes. The training institute has to maintain an individual trainee portfolio in line with assessment guidelines. The marks of internal assessment will be as per the formative assessment template provided on www.bharatskills.gov.in.
- b) The **Final Assessment** will be in the form of **Summative Assessment Method**. The All India Trade Test for awarding National Craft Instructor Certificate will be conducted by DGT as per the guidelines of DGT. The learning outcome and assessment criteria will be the basis for setting question papers for final assessment. The external examiner during final examination will also check the individual trainee's profile as detailed in assessment guideline before giving marks for practical examination.

2.4.1 PASS CRITERIA

S				Internal	Full	Pass Marks	
No.	Subject		Marks	Assessment	Marks	Exam	Internal Assessment
1	1. Trade Technology	Trade Theory	100	40	140	40	24
1. T		Trade Practical	200	60	260	120	36
2. Soft Skills	6 6 61 111	Practical	50	25	75	30	15
	SOTT SKIIIS	Theory	50	25	75	20	15
3. Training Methodolo	Training	TM Practical	200	30	230	120	18
	Methodology	TM Theory	100	20	120	40	12
	Total Marks		700	200	900	370	120

The minimum pass percent for Trade Practical, TM Practical, Soft Skill Practical Examinations and Formative assessment is 60% & for all other subjects is 40%. There will be no Grace marks.

2.4.2 ASSESSMENT GUIDELINE

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking the assessment. While assessing; the major factors to be considered are approaches to generate solutions to specific problems by involving standard/non-standard practices.

Due consideration should also be given while assessing for teamwork, avoidance/reduction of scrap/wastage and disposal of scrap/waste as per procedure, behavioral attitude, sensitivity to the environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising of the following:

- Demonstration of Instructional Skills (Lesson Plan, Demonstration Plan)
- Record book/daily diary
- Assessment Sheet
- Progress chart
- Video Recording
- Attendance and punctuality
- Viva-voce
- Practical work done/Models
- Assignments
- Project work

Evidences and records of internal (Formative) assessments are to be preserved until forthcoming examination for audit and verification by examining body. The following marking pattern to be adopted while assessing:

Performance Level	Evidence			
(a) Weightage in the range of 60%-75% to be a	allotted during assessment			
For performance in this grade, the candidate should be well versed with instructional design, implement learning programme and assess learners which demonstrates attainment of an <i>acceptable standard</i> of crafts instructorship with <i>occasional</i> guidance and engage students by demonstrating good attributes of a trainer.	 Demonstration of <i>fairly good</i> skill to establish a rapport with audience, presentation in orderly manner and establish as an expert in the field. Average engagement of students for learning and achievement of goals while undertaking the training on specific topic. A fairly good level of competency in expressing each concept in terms the student can relate, draw analogy and summarize the entire lesson. Occasional support in imparting effective training. 			
(b) Weightage in the range of 75%-90% to be allotted during assessment				
For performance in this grade, the candidate should be well versed with instructional	• Demonstration of good skill to establish a rapport with audience, presentation in			

design, implement learning programme and assess learners which demonstrates attainment of a *reasonable standard* of crafts instructorship with *little* guidance and engage students by demonstrating good attributes of a trainer.

- orderly manner and establish as an expert in the field.
- Above average engagement of students for learning and achievement of goals while undertaking the training on specific topic.
- Agood level of competency in expressing each concept in terms the student can relate, draw analogy and summarize the entire lesson.
- Little support in imparting effective training.

(c) Weightage in the range of more than 90% to be allotted during assessment

For performance in this grade, the candidate should be well versed with instructional design, implement learning programme and assess learners which demonstrates attainment of ahigh standard of crafts instructorship with minimal or no support and engage students by demonstrating good attributes of a trainer.

- Demonstration of *high* skill level to establish a rapport with audience, presentation in orderly manner and establish as an expert in the field.
- Good engagement of students for learning and achievement of goals while undertaking the training on specific topic.
- A *high* level of competency in expressing each concept in terms the student can relate, draw analogy and summarize the entire lesson.
- Minimal or no support in imparting effective training.

3. GENERAL INFORMATION

Name of the Trade Tradecode	DRESS MAKING (CITS)
Tradecode	
	DGT/4018
NCO – 2015	3122.3500,2356.0100
NSQF Level	Level-6
Duration of	
CraftInstructor	One Year
Training	
Unit Strength	25
(No. Of Student)	
Entry Qualification	Degree/Diploma (Minimum 2 Years) inCostume Designing & Dress Making /Fashion Designing /Fashion Technology/ Apparel Technology / Garment Fabrication Technology fromrecognized Board/ University. OR National Trade Certificate in the Dress Makingor related Trade.
	OR National Apprenticeship Certificate in the Dress Makingor related Trade.
Minimum Age	18 years as on first day of academic session.
Space Norms	120 Sq. M
Power Norms	8 KW
Instructor's Qualification	n for
1. Dress Making (CITS) Trade	B.Voc/ Degreein Costume Designing & Dress Making /Fashion Designing /Fashion Technology/ Apparel Technology / Garment Fabrication Technology fromAICTE/ UGCrecognized Board/ Universitywith two years experiencein relevant field. OR Diploma (Minimum 2 Years)in Costume Designing & Dress Making /Fashion Designing /Fashion Technology/ Apparel Technology / Garment Fabrication Technology from recognized Board/ Universityor relevant Advanced Diploma (Vocational) from DGT with fiveyears experiencein relevant field. OR NTC/ NAC passed in the Dress Making with seven years experiencein

	Essential Qualification:		
	National Craft Instructor Certificate (NCIC) in Dress Making trade in any of		
	the variants under DGT.		
2. Soft Skills	MBA/ BBA / Any Graduate/ Diploma in any disciplinefrom AICTE/ UG		
	recognized College/ university with Three years' experience and short		
	termToT Course in Soft Skills from DGT institutes.		
	(Must have studied English/ Communication Skills and Basic Computer at 12th / Diploma level and above).		
3.Training	B.Voc/ Degree in any discipline from AICTE/ UGC recognized College/		
Methodology	university with two years experience in training/ teaching field.		
	OR		
	Diploma in any discipline from recognized board / University with five		
	years experience in training/teaching field.		
	OR		
	NTC/ NAC passed in any trade with seven years experience in training/		
	teaching field.		
	Essential Qualification:		
	National Craft Instructor Certificate (NCIC) in any of the variants under		
	DGT / B.Ed /ToT from NITTTR or equivalent.		
4. Minimum Age for	21 Years		
Instructor			
Distribution of training on Hourly basis: (Indicative only)			

Total Hrs.	Trade	Trade	Soft S	Skills	Training M	ethodology
/week	Practical	Theory	Practical	Theory	Practical	Theory
40 Hours	16 Hours	6 Hours	2.5 Hours	2.5 Hours	8 Hours	5 Hours

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DRESS MAKING (CITS)

4. JOB ROLE

Brief description of job role

Supervisors and Foremen, Tailoringand Dress Making; Supervisor and Foreman, Tailoring and Dress Making supervises and guides workers engaged in production of readymade garments and ensures standard fittings and finish at reasonable cost. Guides workers in making patterns for cutting, adjusting electrical and special purpose sewing machines, setting, joining and sewing parts, button matching, etc., and ensures standard fittings and finish. Checks work and directs or makes alterations where necessary and keeps machines and equipment in working order. Maintains production register and delivers goods against receipts. May copy or develop new designs to boost sale. May train new entrants. May be designated according to section or work supervised. (Excluded are Garment Designers and Cutters described elsewhere).

Manual Training Teacher/Craft Instructor; instructs students in ITIs/VocationalTraining Institutes in respective trades as per defined job role. Imparts theoretical instructions for the use of tools&equipments of related trades and related subjects. Demonstrate process and operations related to the trade in the workshop; supervises, assesses and evaluates students in their practical work. Ensures availability & proper functioning of equipment and tools in stores.

Reference NCO 2015:

- a) 3122.3500 Supervisors and Foremen, Tailoring and Dress Making.
- b) 2356.0100 Manual Training Teacher/Craft Instructor.

5. LEARNING OUTCOMES

Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

5.1 TRADE TECHNOLOGY

- 1. Make pattern on fabrics, perform grading, draping & stitching etc.
- 2. Create and demonstrate various designs & patterns using different computer applications & software.
- 3. Analyze& demonstrate use of software tools for different types of pattern making, seams.
- 4. Design and Assess the drafting of children upper bodies/lower bodies block.
- 5. Demonstrate the digitization grading of patterns and develop drafts of skirt/sleeve blocks.
- 6. Make design using marker/general /3D tools, and demonstrate different types of draping & grading techniques.
- 7. Plan & organize survey work in market & prepare survey reports.
- 8. Prepare & evaluate the cost sheet and ensure quality control.
- 9. Demonstrate and review the application of CAD/ Corel draw/ Photoshop/ Fashion Studio.
- 10. Design, develop and review the patterns from block for Frock Style/Ladies Suit/ &other girls outfit.
- 11. Create, develop & review patterns from block for designer garments using Cutting technology cowls/Fusing Technology /Sewing Technology/Pressing Technology.
- 12. Demonstrate & explain application of Safety Needle Guard policy & take precautions to guard against work-related illnesses and injuries

6. COURSE CONTENT

	SYLLABUS FOR DRESS MAKING – CITS TRADE						
	TRADE TECHNOLOGY						
Duration	Reference Learning		Professional Skills	Professional Knowledge			
	Outcome		(Trade Practical)	(Trade Theory)			
Practical	Make pattern on fabrics,	1.	Practice of Drafting.	Revision of the CTS contents			
48Hrs	perform grading, draping	2.		Concepts of Drafting			
	& stitching etc.		making.	Concepts of Pattern making			
Theory		3.	Practice of Grading.	Concepts of Grading			
18Hrs		4.	Practice of Draping.	Concepts of Draping			
		5.	Practice of Stitching.	Concepts of Stitching			
Practical	Create and demonstrate	6.	Familiarize with the	Trade Knowledge Role of			
48Hrs	various designs & patterns		working of computer,	CAD in garment industry			
	using different computer		Paint and different	Basic knowledge about			
Theory	applications & software.		software like Corel draw,	various aspects of CAD			
18Hrs			Adobe Photoshop, etc.	operations, Paint, Corel			
		7.	Create patterns with the	draw and Adobe			
			help of Corel draw, Adobe	Photoshop, etc.			
			Photoshop (Latest	• Knowledge about			
			Software) etc.	importance of pattern			
				• Safety precautions in			
				garment industry.			
				Introduction of PDS (Create			
				Pattern, Grade Pattern)			
				• Introduction of Marker			
				(Create Layout)			
				Introduction of 3D			
				• Introduction of Digitizer			
				(Digitize pattern)			
				• Introduction of Plotter			
				(Print Pattern)			
				• Scope			
				Importance			
Practical	Analyze & demonstrate	8.	Use Software tools for	Various seams and its			
48Hrs	use of software tools for		Pattern Making.	purposes.			
	different types of pattern	9.	Familiarize with menu &	Starting of System Soft ware			
Theory	making, seams.		Commands	Screen Menu			
18Hrs			 New Piece 				
			 Select Tool 				

Practical	Design and Assess the	 Point marking Guide line Delete Move Piece Save New Open Help Zoom Cut Copy Paste Matching Curves (walk Tool) Mirror Line Seams:- Select & move internals Insert Text Rotate piece Measure Add fullness Cut, Join, Build & Trace piece Fold piece Insert, Edit, close & cut Dart Insert Pleat 	Details about the Tool Bars Command details Children Size Charts & Bodies
Practical 32Hrs Theory 12Hrs	Design and Assess the drafting of children upper bodies/lower bodies block.		Children Size Charts & Bodies Block. Various trims and accessories. Detailing of Tools Ladies measurement chart & Ladies Blocks

Contour	
Swap segment	
Practice of Cutting,	
Joining, Creating lines	
& Parallels of drafts.	
12. Draft Ladies Bodice Block	
& Trousers Block.	
Practical Demonstrate the Digitizing of Pattern Digitizing – Tools &	Importance
32Hrs digitization grading of 13. Workwith File, Edit, Piece,	
patterns and develop Design, Tool, View & Help Grading	
Theory drafts of skirt/sleeve menu. • Size Table	
12Hrs blocks. 14. Design with darts. • Grading Table	
15. Insert Style Lines • Grading Meni	
16. Grade Patterns.	
17. Draft Skirt Block. Designing in Skirts.	
18. Design insertion to the	
Block Designing in Sleeve	s & Collars.
19. Develop Sleeve Blocks &	
20. Insert Design	
21. Develop Collars	
	25
	Commanus
Theory types of draping & grading 24. Plan and practice of X & Y axis	
18Hrs techniques. making marker Marker	
• Shoot • Introduction	
Flip & Rotate Knowledge	about
Auto Nesting spreading tec	hniques and
Batch equipment	
Merge Marker mo	odes and
Import marker efficie	ncy
Export Knowledge	about
25. Identify & select 3 D spreading ar	nd material
Tools. handling	
26. Explain Model Property General Tools	
27. Open, Save & Customize Information – Pie	ce, all size,
with the help of 3D Tools. Global	
28. Place cloth, Clear cloth, Placement of pieces	S
Single Draping, Show & Fabric Pattern	
Hide. Measure Tool	
29. Stitch Property,3 D Plot order	

			,
			Alignment
Practical 32Hrs Theory 12Hrs	Plan & organize survey work in market & prepare survey reports.	30. Exercise on each topic, collection of samples, survey work in market & industry, Preparation of sample folders & survey reports. 31. Exercise on each topic, collection of samples, survey work in market & industry, Preparation of sample folders & survey reports.	Introduction to 3D Use of 3D Tools of 3D software Draping technique Brief description of Model drawing, draping and grading on dummies. Apparel enterprises
Dractical	Dranara P avaluata tha	Findings	Globalization
Practical 64Hrs Theory 24Hrs	Prepare & evaluate the cost sheet and ensure quality control.	Findings 32. Identify defects in fabrics & accessories. 33. Measure & Check as per Spec. Sheet. 34. Prepare cost Sheet. 35. Exercise on various sheets used in garment export house by Quality Controllers.	 Quality control Introduction Meaning Need Cost of quality control system Concepts Identification of critical factor Inspection Definition ,need, planning place, time , method Type of Inspection
		36. Exercise on various sheets used in garment export house by Quality	 Stages of inspection Role of inspector

		Controllers.	Benefits of quality control in
			garment industry
			Quality assurance system
			Statistical quality control
			process
			• TQM
Practical	Demonstrate and review	37. Revise earlier contents	Revision of the earlier contents
16Hrs	the application of CAD/	38. Practice of CAD	Concepts of CAD
	Corel draw/ Photoshop/	39. Practice on Corel draw	Concepts of Corel draw
Theory	Fashion Studio.	40. Practice on Photoshop	Concepts of Adobe Photoshop
06Hrs		41. Practice of fashion studio	Concepts of Fashion Studio
		42. Practice of Designing	Concepts of Designing
Practical	Design, develop and	43. Design and develop	Tools & Equipment related
118Hrs	review the patterns from	patterns from block for	to the Trade
	block for Frock	Frock Style – 1 or Tunic	Technical terms related to
Theory	Style/Ladies Suit/ &other	using variety of darts,	trade
48Hrs	girls outfit.	gather, pleats, tucks, flare,	Designing with Darts
		etc.	 Single Dart Series
			Two dart Series
			Tuck, Pleat, Flare, Gathers
			in Dart
			Dart Cluster
			Graduated & Radiated Dart
			Parallel & Asymmetric
			Darts
		44. Design and develop	Style Lines
		patterns from block for	Classic princess line style &
		Designer Ladies suit	
		(churidar Pajama).	Arm hole princess line & its
		• Designer Ladies suit	variation
		(Patiala salwar)Using	Panel style line & its
		style lines.	variation
		45. Design and	Added Fullness
		developpatterns from	Types of Added fullness
		block for Designer Girls	Fullness along princess line
		skirt & top using designing	Fullness at yoke
		with fullness at different	Fullness at dart leg
		areas.	Fullness at neck Band
			Design Variation
		46. Design and develop	Contouring
		patterns from block for	
		patterns mom block for	11 31 31

		choli cut blouse.	Work Measurement & Time
			Study
Practical 112Hrs Theory 42Hrs	Create, develop & review patterns from block for designer garments using Cutting technology cowls/Fusing Technology /Sewing Technology/Pressing	47. Design and develop patterns from block for Designer Tops using Cowls.	IntroductionCutting technology Cowls Mid depth cowl Low cowl Deep Cowl Back cowl Arm hole Cowl
	Technology.	48. Design and develop patterns from block for Ladies shirt with style lines & ladies trouser.	Introduction to Fusing technology
		49. Design and develop patterns from block for Frock Style – 2 using variation of Darts, Tuck, Pleat, Flare, Gathers, sleeves, silhouettes, collars, pockets, necklines, fashion accessories, etc.	technology
		50. Design and develop patterns from block for Designer skirts using designs. 51. As pegged/ godet/ tiers/ gored/ yokes etc.	technology
Practical 32Hrs Theory 12Hrs	Demonstrate & explain application of Safety Needle Guard policy & take precautions to guard against work-	52. Design and develop patterns from block for Designer Pants/ Culottes.	Pants

related illnesses and	& their remedies
injuries.	Culottes
	 Measurements
	Drafting
	Duties of a supervisor
	Qualities of a good supervisor
	Needle Guard Policy
	Labour Law
	Local Law
	Ergonomics and its uses.

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SYLLABUS FORCORE SKILLS

- 1. Soft Skills (Common for all Non-Engineering CITS trades) (100 Hrs + 100Hrs)
- 2. Training Methodology (Common for all trades) (320Hrs + 200Hrs)

Learning outcomes, assessment criteria, syllabus and Tool List of above Core Skills subjects which is common for a group of trades, provided separately in www.bharatskills.gov.in

7. ASSESSMENT CRITERIA

	LEARNING OUTCOME	ASSESSMENT CRITERIA
		TRADE TECHNOLOGY
1.	Make pattern on fabrics,	Demonstrate functions & use of tools for Cutting, Sewing , grading,
	perform grading, draping	draping & Finishing with safety.
	& stitching etc.	Select suitable fabric. Select suitable needle size and sewing thread
		according to fabric.
		Draft basic block patterns.
		Use appropriate stitching techniques like single pointed darts/ plain
		seam/ continuous placket/ casing and decorative hem.
		Maintain the distance between two stitches. Take care about length
		and width of the stitches.
		Assess Measurement and record body measurements for drafting and
		garment construction accurately.
		Follow the color combination while doing the decorative stitches.
		Finish the garment by applying suitable fasteners.
		Finish the edge of the fabric using hemming stitch.
		Use proper sewing aids while sewing the garment & carryout the safe
		measures and needle guard policy while sewing.
		Fix the grading points each pattern and calculate the increments for
		each grading point.
		Draw axes for both the patterns and paper used to draft the new size.
		Grade the patterns to its next Higher/Lower sizes.
		Trace & separate the pattern sizes & ensure economic use of paper.
		Cut the pattern of each size using shears properly along the cutting
		line.
		Finish the pattern with pattern particulars
		Drape the muslin fabric on the dress form according to the required
		design. Cut and remove the excess fabric
		Remove the draped fabric from the dummy and transfer the pattern
		outlines on a paper
2.	Create & demonstrate	Explain the concept of computer-aided pattern making and its
	various designs &	importance
	patterns using different	Check, Use & Application of computer applications & software like
	computer applications &	Paint/ Corel draw, Adobe Photoshop, etc. for drafting patterns with
	software.	sleeve variations.
		Create patterns with the help of Corel Draw, Adobe Photoshop (Latest
		software) etc. for drafting patterns of skirt variations.
		Demonstrate & check knowledge about different aspects of CAD

		Operations
		Operations.
		Check basic application of Marker (Create
		Layout)/3D/Digitizer(Digitize Pattern)/ Plotter(Print Pattern).
_	Analyza 0 damanatuata	
3.	Analyze & demonstrate use of software tools for	Explain Software tools commands & the functions of menu for pattern making/Seams.
	different types of pattern making, seams.	Check the application of different commands like New Piece/Point marking/Guide line/Delete/Move Piece etc as per the requirement of the design.
		Demonstrate use of Matching Curves (Walk Tool) /Tool Bars Command for the given pattern making.
		Assess the cut, join, build & trace piece as per given measurement of the seam.
		Apply commands like Insert Pleat/Insert/Edit/Cut Dart/Rotate piece fo the given seam work.
		Distinguish different methods of pattern making.
	Design and Assess the	Development and the second of Children's common hading block on your the
4.	Design and Assess the drafting of children upper bodies/lower bodies	Demonstrate drafting of Children's upper bodies block as per the
		given size measurement.
	block.	Add seam allowances to the given block.
	DIOCK.	Demonstrate drafting of Children's lower bodies block as per the given size measurement
		Select suitable lines, shapes, forms, colour, texture etc in designing of
		garments.
		Explain the measuring units and measuring techniques for
		required measurements.
		Analyze & Check shapes, front and back shoulder, side seams & ensure economic use of paper/fabric.
		Assess the Align points/ Circle /Arc/ Wave.
		Check the Extend/Join/ Split Contour.
		Illustrate the process of adapting given blocks to design given
		garment.
5.	Demonstrate the	Create different textural effects for garment designing.
	digitization grading of	Open the software and do the required page setup for the design.
	patterns and develop	Identify and demonstrate the use of suitable tools for designing.
	drafts of skirt/sleeve	Sketch the garment with suitable fabric designs
	blocks.	Follow the designing principles.
		Select the colors and color combinations.

		Save the file in a folder and take the print out of the design using Color
		Printer.
		Demonstrate working with File/Piece/Design/ Tools menu.
		Draft Skirt Block as per the given specifications.
		Apply basic pattern making principles to develop patterns.
		Analyze the design & identify given modifications.
		Analyze design by using a variety of media& identify design lines &
		other given garment features like collar/sleeve/pocket variations.
		Select appropriate block for use in pattern development by identifying
		the desired silhouettes and fit requirements from given specifications.
		Adjust the pattern according to fabric requirement.
		Modify & assess pattern blocks according to required design and
		production specifications by use of different pattern making
		techniques such as, intermediate patterns and dart manipulation.
		Produce accurate patterns according to garment design & production
		specification.
		Assess the finalization of pattern pieces according to specification
		requirement.
		Place the patterns on the fabric and mark the pattern outline
		properly.
6.	Make design using	Select a suitable paper for sketching and plan the layout before
	marker/general /3D	starting sketching.
	tools, and demonstrate	Identify the suitable sketching items and use them properly.
	different types of draping	Sketch & review the garment with suitable fabric designs.
	& grading techniques.	Explain & Follow the Designing principles.
		Select the Proper colors and color combinations.
		Use & demonstrate 3D tools to customize as per given specification.
		Use Auto Nesting/Batch/merge/import export as per given alignment.
		Apply colors and shade on the sketch.
		Apply colors and shade on the sketch.
7	Plan & organize survey	Review collection of samples for given topic.
7.	work in market & prepare	Explain survey work to be done in the market/industry for the given
	survey reports.	, , , , , , , , , , , , , , , , , , , ,
	survey reports.	topic.
		Apply promotional strategies.
		Analyze & suggest changing trends in fashion market as per the
		sample data collected.
		Prepare & evaluate the survey reports.
		Explain retail business/ fashion retailing/mall globalization.
		Develop retail management strategies.

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8.	Prepare & evaluate the	Check & detect the defect in fabrics/accessories & suggest removal		
	cost sheet and ensure	options of such defects for Quality Control.		
quality control.		Estimate and prepare cost sheet as per given requirement of the retail		
		store.		
		Demonstrate working on given sheets used in garment export house		
		by Quality Controllers.		
		Explain Quality Assurance System/Total Quality Management.		
		Illustrate statistical quality control process.		
9.	Demonstrate and review	Identify tools for measuring, marking, draping & cutting and use of		
	the application of CAD/	these tools with safety.		
	Corel draw/ Photoshop.	Demonstrate & check application of CAD.		
		Create designs by applying Corel Draw applications.		
		Develop and review different patterns using Adobe Photoshop.		
		Explain various concepts of Designing.		
		Draft & assess children upper bodies/lower bodies block.		
10.	Design, develop and	Design features of the garment according to the sketching.		
	review the patterns from	Develop and check different pattern from block for Frock Style-		
block for Frock		1/Tunic.		
	Style/Ladies Suit/ &other	Design various styles using darts/gather/pleats/tucks/flares.		
	girls outfit.	Develop and assess patterns from block for designer ladies suit		
		(Churidar Pajama) using style lines.		
		Design different patterns from block for Patiala salwar using style		
		lines.		
		Design and develop patterns from block for Designer Girls Skirt.		
		Design and develop girls top using designing with fullness at different		
		areas.		
		Analyze and develop patterns from block for choli cut blouse.		
		Select the necessary block patterns set and make the patterns		
		for the basic garment using adaptation /draping method.		
		Manipulate the patterns of the basic garment and create the		
		patterns for the required garment design. Use the paper		
		economically.		
		Check the alignment of both right and left side of the waist band &		
		Check circular turning.		
		Stitch the neck in proper shape & use appropriate sleeve pattern.		
		Distribute the gathers properly & stitch with no puckering at armhole.		
		Finish the neckline properly with clean & finish the Turned up hem		
		neatly.		
		Make the bottom flare of the garment with proportion.		

Check the neckline edge finished with facing of Kameez.

Stitch neatly the Squared turned up bottom hem & Turned up sleeve bottom of Kameez.

Maintain neatness in armhole joints and ensuring no puckering at armhole joints in Kameez.

Stitch neatly according to the design of salwar bottom & Fold down the casing uniformly in salwar.

Maintain proper positioning and distribution of cluster pleats in salwar /Finish the belt finishing of salwar properly.

Stitch the yoke and neck in proper shape/Use appropriate sleeve pattern.

Stitch with no puckering at armhole.

Make the flare of nightwear with proportion.

Select suitable fabric/ Check the dart positions.

Finish the neckline with piping/ Sew Front Placket neatly.

Check the position and finishing of fasteners/ Finish the hemline neatly ensuring no puckering in the blouse.

Check the shape of collar/cuff/pocket, and its finishing.

Check the finishing of placket and placement of button and buttonholes.

Check the yoke shape and pleat position below the yoke.

Make the Sleeve placket and check the position of pleats.

11. Create, develop &review patterns from block for designer garments using Cutting technology cowls/Fusing Technology /Sewing

Technology/Pressing Technology.

Identify grading tools and use of these tools with safety.

Develop and check patterns from block for Designer Tops using cowls.

Design and develop patterns from block for ladies shirt with style lines.

Develop and check patterns from block for ladies trouser.

Develop and assess the patterns from block for Frock Style-2.

Check use of variation of

darts/tuck/pleat/flare/gathers/sleeves/silhouettes,

collars/pockets/necklines/fashion accessories etc.

Design and develop patterns from block for Designer skirts using designs as pegged/ godet /tiers/gored/yokes.

Fix the grading points each pattern and calculate the increments for each grading point.

Draw axes for both the patterns and paper used to draft the new size.

Grade the patterns to its next Higher/Lower sizes.

Trace and separate the pattern sizes. Use the paper economically.

Cut the pattern of each size using shears properly along the cutting line.

	Finish the pattern with pattern particulars.
12. Demonstrate & explain	Identify tools for Marker and use of these tools with safety.
application of Safety	Identify the right and wrong side of the fabric and its texture and
Needle Guard policy	design features.
&take precautions	Select and make a suitable economical pattern layout on the fabric
to guard against work-	and estimate the fabric consumption.
related illnesses and	Design and develop patterns from block for Designer Pants/Culottes.
injuries.	Explain Needle Guard policy.

8. INFRASTRUCTURE

	LIST OF TOOLS AND EQUIPMENT - DRESS MAKING (CITS)				
	(for batch of 25 candidate)				
S No.	Name of the Tool & Equipment	Specification	Quantity		
A. COM	IPUTER LABORATORY				
	Desktop computer	CPU: 32/64 Bit i3/i5/i7 or latest			
		processor, Speed: 3 GHz or			
		Higher. RAM:-4 GB DDR-III or			
		Higher, Wi-Fi Enabled. Network			
1.		Card: Integrated Gigabit	26 Nos.		
1.		Ethernet, with USB Mouse, USB	20 1103.		
		Keyboard and Monitor (Min. 17			
		Inch. Licensed Operating System			
		and Antivirus compatible with			
		trade related software.			
2.	Server system with software	Latest Configuration	01 No.		
3.	LAN Connectivity & Internet facility to		As required		
<u> </u>	the computers				
4.	CAD-Pattern Making Software(3D) C		05 each		
	Draw Latest Version				
5.	CAD-Fashion Design Software	Fashion Studio	05 Nos.		
6.	Antivirus Software		26 Nos.		
7.	Laser Printer color	A4	01 No.		
8.	Colored laser Printer	A3	01 No.		
9.	Scanner		01 No.		
10.	Computer Table for server		01 No.		
11.	Printer Table		02 Nos.		
12.	Table for Scanner		01 No.		
13.	White Magnetic Board with Felt board & accessories		01 No.		
14.	Digitizer		01 No.		
15.	Plotter		01 No.		
16.	Display Board		02 Nos.		
17.	Storage Almirah	Size as per requirement	02 Nos.		
18.	Air conditioner		As required		
19.	Wall Clock		01 No.		
20.	Modular Workstation with chair		20 Nos.		
21.	LCD Projector		01		
22.	Vacuum Cleaner		01		
23.	Trainer's Table & Chair		01 set		

24.	Laptop for Faculty	with latest configuration	01 set
B. THE	ORY ROOM		
25	Single desks for trainees with		25 Nos.
25.	arrangements of keeping Books etc.		
26.	Revolving Chairs without arms		25 Nos.
27.	Faculty Table & Chair set		01 No.
28.	Computer set with UPS & multimedia		01 No.
20.	projector		
29.	White Magnetic Board with Felt board		01 No.
29.	& accessories		
30.	Display Board		02 Nos.
31.	Storage Almirah		01 No.
32.	Book Shelf		01 No.
33.	Air conditioner		As required
C. DRA	FTING/CUTTING /SEWING ROOM		
34.	Scissors	25 cm	26 Nos.
35.	Pinking Shears		05 Nos.
36.	Tailors Square		26 Nos.
37.	Leg Shaper		26 Nos.
38.	Garment Hangers		25 Nos.
39.	Screw Driver Set		04 Nos.
40.	Cart chop		02 Nos.
41.	Table Sharpener		04 Nos.
42.	Pressing Table		05 Nos.
43.	Blanket for padding of Pressing Table		05 Nos.
44.	Rubber mat	Size as per requirement	05 Nos.
45.	Sprayer		05 Nos.
46.	Waste Bin	Big / Small	13 Nos.
47.	Pattern Punch		26 Nos.
48.	Pattern Notcher		26 Nos.
49.	Pattern Hanging Stand		04 Nos.
50.	Water Tub	60 cm dia	01 No.
51.	Stand for hanging dresses		05 Nos.
	Trial room with 3 side mirrors of size		01 No.
52.	150 cm X 60 cm each with		
	arrangements of hanging Dresses		
53.	Electric Automatic steam press		02 Nos.
54.	Electric automatic iron		03 Nos.
55.	Sewing Machine - Single Needle Lock		26 Nos.
55.	stitch Industrial model		

56.	Over Lock Machine 3 Thread		01 No.
57.	Over lock Machine 5 Thread		01 No.
58.	Pick Glass		05 Nos.
59.	Zig Zag Multi Purpose Machine		01 No.
60.	Machine attachments		As required
C4	Chairs with low back rest or stools for		26 Nos.
61.	the machines (one for each machine)		
62.	Drafting Table		13 Nos.
C 2	Display board covered with glass or		02 Nos.
63.	acrylic sheet 120 x 90cm		
64.	Instructor Table		01 No.
65.	Steel Almirah	195 x 90 x 60 cm	02 Nos.
	Pigeon hole Almirah 25 lockers &		01 Nos.
66.	separate locking arrangements for		
	trainees		
67.	Locks for above pigeon hole		25 Nos.
68.	Wall Clock		03 Nos.
69.	Calculator Desk Type		01 No.
70.	White Board with accessories	size as per requirement	02 Nos.
71.	Dummy (Lady)		02 Nos.
72.	Mannequins(Lady)		02 Nos.
73.	Mannequins(Kids)		02 Nos.
74.	Mannequins(Gents)		02 Nos.
75.	Air Conditioner unit	2 Ton capacity with Stabilizer	As required
D. COI	NSUMABLE		
76.	Measuring Tape	150 cm	26 Nos.
77.	Seam Ripper		26 Nos.
78.	Thimble		26 Nos.
79.	Drafting Card Scales	set of six scales	26 Nos.
80.	Tailors Square	Plastic	26 Nos.
81.	French Curve	Set of six	26sets
82.	Thread Cutter		26 Nos.
83.	Scale plastic	24"	26 Nos.
84.	Paper Cutter		26 Nos.
85.	Loop Turner		26 Nos.
86.	Drafting Pins(set)		26 Nos.
87.	Instructor Chair		02 Nos.
	D ' D'		26 pkt.
88.	Draping Pins		
	Draping Pins Draping Fabric Muslin		5 m

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ANNEXURE - I

The DGT sincerely acknowledges contributions of the Industries, State Directorates, Trade Experts, Domain Experts and all others who contributed in revising the curriculum.

Special acknowledgement is extended by DGT to the following expert members who had contributed immensely in this curriculum.

List of Expert Members participated/ contributed for finalizing the course curriculum of Dress Making(CITS) trade			
Sl. No.	Name & Designation Sh./Mr./Ms.	Organization	Remarks
1.	S. Venkatesh, Head HR & Admin	Raymond	Member
2.	Sanjeev Mohanty Managing Director	Bennetton India Pvt. Ltd., Gurgaon	Member
3.	Animesh Saxena	Udyog Vihar Industries Association, Gurgaon B-40, Phase 5, Udyog Vihar Gurgaon-122017	Member
4.	Dr.Darlie Koshy Director General and CEO	IAM & ATDC Apparel Export PromotionCouncil, Gurgaon	Chairman
5.	Arindam Das	National Institute of Fasion Technology, New Delhi	Member
6.	Dr. Kushal Sen Professor	D/o Textile Technology IIT Delhi	Member
7.	Bhatacharya. G HOD Textiles Department	Institute for Textile Technology, Choudwar	Member
8.	Ms. Poonam Thakur Professor & Academic Head	NIIFT, Mohali	Member
9.	L.N. Meena, Lecturer	Arya Bhatt Polytechnic, Delhi	Member
10.	PrabhasKashyap , General Manager-Planning & Production Co-ordination	Gokaldas Export Ltd., Bangalore	Member
11.	BishwanathGanguly	Madura Fashion & Retail, Aditya Birla Centre for Retail Excellence (A B C R E)	Member
12.	K.N. Chatterjee, HOD Fashion and Apparel Engineering	The technological inst. Of textile & sciences, Bhiwani, Haryana, INDIA-127021.	Member
13.	Tapas Kumar Adhikari, Sr. Manager	Reliance Industries Ltd.	Member
14.	Vikas Verma, Asst. Vice President	Welspun India Ltd.	Member
15.	Navjot Walia, Vice President	Maral Overseas Ltd., Noida	Member
16.	Rajeev Mehani, Vice	Vardhaman Textiles	Member

	President		
17.	R.P. Dhingra, Director (P)	DGE&T	Mentor
18.	Haradhan Das, TO	CSTARI, Kolkata	Member
19.	Subhankar Bhowmik, DPA Gr.	NIMI, Chennai	NIMI
	В		Representative
20.	Rajendra Kumar, JDT(WT)	DGE&T	Member
21.	D. Shanthi, ADT	RVTI, Trivendrum	Member
22.	Abha Rastogi, TO	RVTI, Panipat	Member
23.	Chitra, TO	RVTI, Panipat	Member
24.	Rinku Soni, TO	RVTI, Jaipur	Member
25.	Babita, TO	NVTI, Noida	Member
26.	Bhagyashree, TO	RVTI, Indore	Member
27.	L. R. Ramesh Babu, TO	RVTI, Trivendrum	Member
28.	S.S. Meena, TO	NVTI, Noida	Member
29.	Bhavin Kumar M. Solanki	ITI, Jambughoda, Gujarat	Member
30.	Divya, TO	RVTI, Bangalore	Member

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